



**Volunteer Mission to Israel**  
**January 27 – February 2, 2020**  
**Sari Gross, Tracy Limbaro, and Jody Small, Mission Co-Chairs**

**ITINERARY (subject to change)**

**TEL AVIV Monday, January 27: One night**

**Hands-On Volunteering**

- *Save a Child's Heart* pediatric cardiac care
- *The Shalem Movement* promoting voluntarism as a way of life

**Meet and Greet**

- *The Peres Center for Peace and Innovation*, promoting a prosperous Israel
- *NATAL*, trauma and resiliency center

**NAHARIYA Tuesday, January 28-Thursday, January 30: Two nights**

**Hands-On Volunteering**

- *Leket Israel* food rescue
- *Bait Cham* home for teens at risk
- *Machsán Chesed* hunger relief
- *HaShomer HaChadash* agriculture and forestry

**Geopolitics**

- Dinner with the mayor of Nahariya
- Lebanese border tour and security briefing
- Golan Heights, climb Mt. Bental, Syrian border 4x4 ride and security briefing

**Meet and Greet**

- *Kishorit* village for adults with disabilities
- *Nirim* programs for youth at risk
- *Wings of Krembo* youth movement for those with special needs

**Fun and Adventure**

- Fine Israeli wine at a local winery
- Druze cooking workshop

**JERUSALEM Friday, January 31-Sunday, February 2: Three nights**

**Hands-On Volunteering**

- *SAHI* teen-led hunger relief
- *Pantry Packers* food distribution
- *Shalva National Center* for people with disabilities

**Spirituality**

- Kabbalat Shabbat at the Kotel
- Text study, Tikkun Olam in Jewish literature
- Private visit to Yad Vashem

**Meet and Greet**

- Dinner with Lone Soldiers at Michael Levin Center
- *Yaelim* nature therapy for youth at risk

**Fun and Adventure**

- Mahane Yehuda market
- Optional trip to Masada and the Dead Sea, walking, and cycling

**MISSION COSTS**

\$3,599 per person, land only, based on double occupancy and a minimum of 20 participants  
\$990 additional single room supplement  
\$500 deposit guarantees a place on the trip. Space is limited  
\$500 minimum gift to the 2020 Annual Campaign of Jewish Federation of Northern New Jersey  
Flights **not** included

Includes one night in Tel; Aviv, two nights in Nahariya, three nights in Jerusalem in deluxe hotels; group airport transfers in Israel; tour guide; all programs, most meals, taxes, and tips

Travel extensions available

For more information please contact Jane Sherwood, Missions Associate: [janes@jfnj.org](mailto:janes@jfnj.org) or 201-820-3962

**Registration deadline October 31, 2019**