



Volunteer Mission to Israel
January 27 – February 2, 2020
Sari Gross, Tracy Limbaro, and Jody Small, Mission Co-Chairs

ITINERARY (subject to change)

TEL AVIV Monday, January 27: One night, InterContinental David Tel Aviv

Hands-On Volunteering

- Talk and play board games with Arab children who are either awaiting or recovering from cardiac surgery at *Save a Child's Heart*

Meet and Greet

- Tour *The Peres Center for Peace and Innovation* promoting a prosperous Israel
- Visit *NATAL* trauma and resiliency center

NAHARIYA Tuesday, January 28-Thursday, January 30: Two nights, Nea Hotel

Hands-On Volunteering

- Harvest fresh fruits and vegetables at *Leket Israel* food rescue
- Participate in a workshop with the girls of *Bayit Cham* home for at-risk teens
- Assemble food packages for families at *Machsan Chesed* hunger relief center
- Farm and garden with *HaShomer HaChadash* agriculture and forestry program
- Play with children with special needs at *Wings of Krembo* youth movement

Meet and Greet

- Tour and enjoy lunch at the resident-staffed winery at *Kishorit* village for adults with disabilities
- Join in trust workshops at *Nirim* for at-risk youth

Geopolitics

- Enjoy dinner with the mayor of Nahariya
- Tour Lebanese and Syrian borders with security briefings

Fun and Adventure

- Take a short hike on Mt. Bental
- Ride a 4x4 in the Golan Heights
- Participate in a Druze cooking workshop

JERUSALEM Friday, January 31-Sunday, February 2: Three nights, David Citadel Jerusalem

Hands-On Volunteering

- Make a late-night doorstep food delivery to the needy with *SAHI* teen-led hunger relief
- Pack crates of household staples at *Pantry Packers* food distribution
- Do trust exercises with the teen residents at *Yaelim* nature therapy center for at-risk youth

Meet and Greet

- Dine with Lone Soldiers at Michael Levin Center
- Tour and enjoy lunch at *Shalva National Center* for people with disabilities

Spirituality

- Enjoy Kabbalat Shabbat at the Kotel
- Do a text study on Tikkun Olam in Jewish literature
- Take a private guided visit to Yad Vashem

Fun and Adventure

- Explore Mahane Yehuda market
- Go on a Jerusalem walking tour
- Experience an optional trip to Masada and the Dead Sea, or go cycling

MISSION COSTS

\$3,599 per person, land only, based on double occupancy and a minimum of 20 participants
\$990 additional single room supplement
\$500 deposit guarantees a place on the trip. Space is limited
\$500 minimum gift to the 2020 Annual Campaign of Jewish Federation of Northern New Jersey
Flights **not** included

Includes six nights in deluxe hotels; group transfers in Israel; tour guide; all programs, most meals, taxes, and tips

Travel extensions available

For more information please contact Jane Sherwood, Missions Associate: janes@ifnnj.org or 201-820-3962

Registration deadline October 31, 2019